**Harmony**

**Emotional Balancing**

**Course Level 1**

**This class introduces methods of assessing and balancing emotional stress on a number of levels – conscious, subconscious and cellular memory levels.**

**It incorporates in-depth muscle monitoring skills to assess underlying stress issues and associated imbalance and also to evaluate appropriate methods to restore happy, healthy balance.**

**This class blends powerful healing modalities and skills into a format to promote a deep sense of peace and well-being.**

**10 & 11 April 2021**

**£230.00**

Harmony Kinesiology College

575 Anniesland Road, Scotstounhill, Glasgow G13 1UX

Tel: 0141 959 2042 or 0141 954 1796

Class will run subject to sufficient applicants attending class

*...............................detach.....................return form to address below......................detach or email to......................*

[**info@harmonynaturalhealth.com**](mailto:info@harmonynaturalhealth.com)

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| **Harmony Emotional Balancing Course Level 1 - 10 & 11 April 2021** | | | | |
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| Address | | | | |
|  | | Postcode | | |
| E-mail | | Mobile | | |
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| Bank Transfer: Co-operative Bank  **Account Name: James Currie** | | Account: 68051185 | Sort Code: 08-92-50 | |
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**Return to: Harmony College, 575 Anniesland Rd, Glasgow G13 1UX**